

September is National Recovery Month



Join the Voices for Recovery:
Celebrating Connections



[Recovery Month](#) promotes the societal benefits of prevention, treatment, and recovery for mental and substance use disorders; celebrates people in recovery; lauds the contributions of treatment and service providers; and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective, and people can and do recover.



Vista Care supports *Recovery* through its Recovery Services division. Our Recovery Services include several programs that support and promote mental health and substance use disorder recovery.

Open Door Wellness & Recovery Center located at 817 N. 8th Street in downtown Sheboygan is a drop-in center where adults gather to enjoy social activities, games, arts & crafts, support groups and learn to develop healthy coping strategies. The goal of the center is to provide a safe place that welcomes all individuals challenged by mental health or substance use disorders. The center is open M – F, 9:00 a.m. – 3:00 p.m.



Vista Care Mobile Crisis Center is a 24/7/365 crisis intervention program located at 712 Erie Avenue, Sheboygan that provides *Emergency Mental Health Services*. This includes crisis intervention, mental health and suicide risk assessments, safety and crisis planning, crisis stabilization and inpatient referrals. The goal for the crisis staff is to assist individuals

and families in accessing the most appropriate care in the least restrictive setting. Staff provide referral and follow-up services. Walk-in, telephone and in-person services are available by calling the Sheboygan County / Family Services crisis line at 920-459-3151 and ask for the mobile crisis service.

Vista Care Mental Health & Substance Use Disorder Treatment

Within the next few months, Vista Care will be opening three treatment homes. The first two programs will serve individuals with serious and persistent mental illness, offering them the opportunity to engage in recovery and develop independent living skills. The third home will provide residential substance use disorder treatment. Contact the Recovery Services Area Director at 920-694-1140 for more information.

VISTA CARE PROMOTES RECOVERY AND HELPS IT HAPPEN EVERY DAY!